



## Press Release

**For Immediate Release**  
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### **Kids Self Defense Presentation**

On Monday, April 6, 2009 Family Service Agency's Big Brothers Big Sisters and Children's Advocacy Center of DeKalb County hosted a Kids Self Defense Presentation by Tom and Tyler Scott from the Kishwaukee Family YMCA. The presentation was attended by 18 children and their families. Tom discussed Child Abuse Prevention Strategies that were developed by the Children's Advocacy Center as well as self defense guidelines. Tom and his son Tyler demonstrated several basic self defense strategies for children and practiced each one with the children.

Family Service Agency of DeKalb County is a premier social service agency, providing support to individuals and families throughout the lifecycle. Family Service Agency is comprised of five distinct departments – Big Brothers Big Sisters, Center for Counseling, Child Life & Family Education, Children's Advocacy Center and Senior Services Center. A host of programs are available through these departments, and all services are provided by experienced professionals.

Family Service Agency of DeKalb County accepts insurance, and scholarship and reduced fees are available for those who qualify. In some instances, services can be provided at no cost to the client. Family Service Agency's main office is located at 14 Health Services Drive, and satellite offices are located in DeKalb and Sandwich. Family Service Agency is a Kishwaukee United Way Agency. For more information about the services at Family Service Agency call 815-758-8616, 815-786-7079 in Sandwich, or visit their website at [www.realsolutionstoday.org](http://www.realsolutionstoday.org).

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